

# newsletter 01



## Project Description

BeyondWheels is an Erasmus+ project in the field of adult education that aims to support adults with locomotor disabilities in designing pathways to employability, self-employment or entrepreneurship aligned with their personal aspirations and potential.

The project develops and tests an innovative training and coaching method that combines psychology, coaching, strategic analysis, and project management. BeyondWheels promotes autonomy, dignity, and active participation, moving beyond paternalistic and welfare-based approaches.

## Project Target Groups

**Adults with locomotor disabilities** who wish to work in jobs or self-employment that better suit their personal aspirations and who wish to improve their employability skills.

**Adult educators, trainers and professionals** who work (or wish to work) with adults with motor disabilities



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# BeyondWheels Project

Project Number: 2025-1-ES01-KA210-ADU-000359430

Method to help people with locomotor disabilities to develop employability projects in accordance with their personal aspirations and potential.



## Project Consortium

This project is being undertaken by a small-scale partnership, which the Erasmus+ program has designed to extend its reach to individuals and small-scale agents, enabling organizations to have more resources to reach people with fewer opportunities.



**CarpoACE Europe S.L. (Malaga, Spain)**, the organization coordinating the project, has extensive experience in consulting and in the design and implementation of learning programs in strategy, continuous improvement, project management, agile methodologies, and marketing. For over 25 years, it has supported entrepreneurs, SMEs, and NGOs in developing strategic skills and management tools, utilizing the latest available trends. This project is being led by its psychology and coaching department, which focuses on developing innovative models to help individuals achieve their goals and maximize their potential.

**SOLIS Srls (Modena, Italy)** has extensive experience facilitating events in innovation environments and developing training and educational programs. It combines its expertise in areas such as sustainable education, climate change, social inclusion, gender perspective, gender equality, management and strategy, public policy, education, and training into unique offerings. It has experience collaborating with Italian and European public bodies to conduct professional workshops and to develop multicultural training programs for social workers, particularly to promote social equity.



**PORAKA NOVA (Bitola, Macedonia)** is the longest-standing partner in the Erasmus+ program and has been selected for its proven experience in programs and services for people with disabilities. Its areas of expertise include social inclusion, social innovation, youth empowerment, adult education and training, and leadership for social impact, where its goal is to achieve tangible changes, transforming people's lives and reshaping the communities to which they belong. Its core principles are participation, transparency, accountability, partnership, tolerance, inclusion, integration, sustainability, and equal opportunities.



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## Specific Project Objectives

**Objective 1: To create an innovative training and coaching method** that allows adults with locomotor disabilities to generate life projects, focusing on defining employment, self-employment or entrepreneurship goals in accordance with their personal aspirations.

**Objective 2: To carry out training and coaching in adults with locomotor disabilities**, using the "BeyondWheels" method, created in the project.

**Objective 3: To provide training for trainers** who work or want to work in the field of people with locomotor disabilities, so that they can effectively apply the "BeyondWheels" method.



## Expected Results

**Result 1: An innovative training and coaching method** for people with locomotor disabilities, called "BeyondWheels", which combines psychology, coaching, strategic analysis and project management techniques.

**Outcome 2:** A group of at least **15 adult** (5 in each country) **beneficiaries with locomotor disabilities trained and coached**, using the "BeyondWheels" method.

**Outcome 3:** A group of at least **15 trainers trained** (5 in each country) in the use of the "BeyondWheels" method, as well as skills and knowledge to work effectively with adults with locomotor disabilities.

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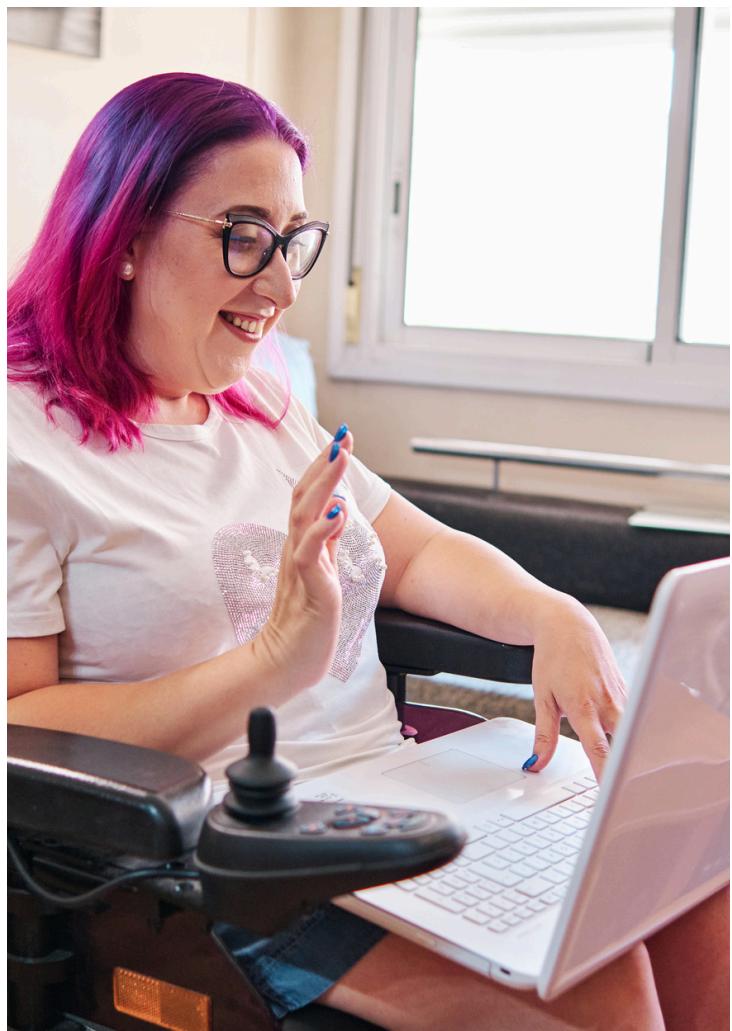


## The BeyondWheels Method

BeyondWheels, the original idea that motivated this project to further its development and testing, is conceived as a method that helps adults with locomotor disabilities to:

- Analyze their personal and professional situation.
- Clarify realistic life aspirations.
- Structure a viable life project.
- To acquire tools and skills that will allow them to continue progressing on their own after completing the project.

The purpose of applying the "BeyondWheels" method is that at the end of the project, the beneficiaries will be equipped with a mindset, a structured framework and tools that they can continue to use in designing new paths to employability, self-employment or entrepreneurship aligned with their personal aspirations and potential.



**BeyondWheels integrates four complementary disciplines** in a balanced and pragmatic way, seeking a functional integration, oriented towards empowerment, realism and autonomy:

- **Psychology:** It addresses internal barriers, self-perception, identity, self-esteem, and acceptance, only to the extent necessary to allow clarity, decision-making, and action.
- **Coaching:** As a structured support that facilitates reflection, commitment, responsibility and progress, without replacing the autonomy of the beneficiary.
- **Strategic analysis:** Interprets the personal and professional situation realistically, identifying strengths, limitations, resources and opportunities in the surrounding context.
- **Project Management:** As the main structural framework for translating life aspirations into objectives, milestones, actions and monitoring.

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## Self-managed life project

The central idea of the BeyondWheels method is that **life (and employability) can be approached as a project**, and that people can learn to manage their own life project, even in contexts marked by disability.

Within this approach:

- The beneficiary assumes an active and responsible role as the main actor in the process.
- Trainers and coaches support, facilitate, and structure the process.
- The method provides a clear, understandable, and replicable framework.

## The "Map of Life" as a Strategic Project

As an operational starting point for the method, BeyondWheels **introduces a key tool: the Life Map**.

**A guided reflection and analysis tool** that allows each beneficiary to:

- to understand its true starting point,
- to integrate personal, social and professional dimensions,
- identify limitations and opportunities,
- lay the foundations of their life project in a structured way.
- The Life Map **is not a clinical diagnosis or a fixed life plan**. It is a structuring tool that connects personal reflection with future-oriented action.



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**SOLIS SRLS**

[solis-srls.com](http://solis-srls.com)

**Instagram:**

[instagram.com/beyondwheelsproject](http://instagram.com/beyondwheelsproject)

## New Generations Social Innovators for Inclusion

**PORAKA NOVA**

[porakanova.org](http://porakanova.org)

**LinkedIn:**

[linkedin.com/company/beyond-wheels](http://linkedin.com/company/beyond-wheels)

**DISCLAIMER:**

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